

# The Cock Inn Polstead

## Country Pub & Kitchen

The Cock Inn Polstead, The Green, Polstead, Suffolk CO6 5AL

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## Country Pub & Kitchen

# Autumn & Winter Menu

Food Served: Wednesday-Saturday 12-3pm | Sunday 12-6pm | Wednesday-Saturday 6-9pm Evenings  
Bar: Wednesday-Friday 12-3pm | Wednesday-Friday 6-11pm Evenings | Saturday 12-11pm | Sunday 12-10pm  
Closed all day Monday Except Bank Holidays | Closed all day Tuesday until 27th February unless group bookings

### TO NIBBLE ON

#### Warm baked Ciabatta Breads with the following:

with Balsamic & olive oil for dipping (v).....	4.95
with Garlic butter.....	3.95
with Mozzarella cheese and garlic Butter (v).....	5.50
Marinated mixed olives.....	4.00
Pot of nuts (choice of salted, dry roasted or chilli).....	1.30

### STARTERS & SMALL PLATES

Chef's soup of the day (gfa).....	6.00
Panko breaded king prawns with teriyaki dipping sauce.....	7.50
Continental meat platter with ciabatta bread & balsamic oil.....	Small 8.50
.....	Large 12.50
Portobello mushroom filled with goats cheese, red onion & fig chutney with balsamic leaves.....	6.95
Asian style crab cakes with cucumber & lime salad, sweet chilli sauce.....	7.95

### STEAKS AND BURGERS

9oz Sirloin Steak with griddled tomato, beer battered onion rings and rocket (gfa).....	17.50
add brandy & peppercorn sauce.....	2.25
add garlic butter.....	1.25
add wedge of stilton.....	2.00
The Cock Inn burger with 8oz beef patty topped with mozzarella cheese, lettuce & tomato in a toasted brioche bun with fries.....	12.00
add bacon.....	1.00
add portobello mushroom.....	1.00
add brie.....	1.00
Grilled Halloumi burger with rocket and chilli jam in a toasted brioche bun with fries (v).....	11.50
Cajun chicken breast burger with red cabbage slaw, sweet chilli mayo, toasted brioche bun & chunky chips.....	13.00
Steak & stilton winter salad with walnuts and a blue cheese dressing, served with fries or baby new potatoes.....	14.95

### MEAT MAIN COURSES

Steak & Adnams Broadside ale shortcrust pastry pie with seasonal vegetables, new potatoes or chips and a gravy boat.....	13.50
Trio of Blythburgh pork sausages with red onion gravy, creamed mash, topped with crispy onions.....	10.95
Slow cooked pork belly, creamed spring onion mash, winter greens, Aspull cider gravy & parsnip crisps (gf).....	15.95

### WINTER OFFERS - Available until Friday 23rd March

**Steak Wednesdays** 2 steaks and a bottle of house red, white or rosé 30.00  
**Pudding Thursdays** order a main and receive a complimentary pudding  
**Fish & Fizz Fridays** order 2 fish & chips, receive 2 complimentary glasses of prosecco  
*\*Subject to menu change and availability*

### FISH & VEGETARIAN MAIN COURSES

IPA beer battered large Cod fillet with mushy peas & chips.....	12.95
Mussels with Aspull cider, chorizo & paprika sauce, served with skinny fries and a baguette (gfa).....	12.95
Tomato & wilted spinach risotto with garlic ciabatta, rocket & parmesan shavings (v).....	11.95
add griddled halloumi.....	2.00
Baked goats cheese with walnuts & beetroot salad, baby potatoes or chips (v) (gf).....	11.95

### WHOLEMEAL BAGUETTES & CIABATTA SANDWICHES

with salad garnish. Gluten free also available.

Dingley Dell Suffolk Ham and tomato in a baguette (gfa).....	7.50
Mature cheese and real ale chutney in a baguette (v) (gfa).....	7.50
Blythburgh pork sausages with caramelised onion chutney in ciabatta..	7.95
Ploughman's ciabatta with Ham, cheese, pickle & salad.....	7.95
Bacon, brie, rocket & cranberry baguette.....	7.50
Also see baguette of the day... (gfa).....	7.50

### SIDE DISHES

Chunky chips (v) (gf).....	3.50
Skinny Fries (v) (gf).....	3.50
Tomato and red onion salad (v) (gf).....	3.50
Baby potatoes (v) (gf).....	3.00
Large beer battered onion rings (v).....	4.00
Rocket & parmesan salad (v) (gf).....	4.00
Mixed seasonal salad (v) (gf).....	4.00

### ALSO SEE OUR SEASONAL SPECIALS

### AND OUR DESSERT MENU

#### CHEESE BOARD

**TRIO OF CHEESES, GRAPES AND BISCUITS 8.50**

### IMPORTANT - FOOD ALLERGENS

If you have any allergies or intolerances please discuss with a member of staff if you are unsure before ordering.

All our food is prepared in a kitchen where nuts-gluten and other allergies are present. Our menu descriptions do not include all ingredients-if you have a food allergy please let us know before ordering. Full allergen information is available please ask a member of staff. The allergen information is the best of our knowledge and will be updated regularly when menus change. Please ask to see the allergen guides at the time of your visit to check if there has been any changes that may affect you.

Menu and Menu items are subject to availability and change.

(v) indicates Vegetarian dish (gf) indicates gluten free

(gfa) indicates gluten free adaptable subject to availability

**DON'T FORGET OUR  
TRADITIONAL SUNDAY ROASTS  
SERVED 12-6pm**