

All our fish is sustainably sourced



# The Cock Inn Polstead

## Country Pub & Kitchen

All our meat is locally sourced



# Autumn & Winter Menu

Food Served: Wednesday-Friday 12-2.30pm | Saturday 12-3pm & 6-9pm | Sunday 12-4pm | Wednesday-Friday 6-9pm Evenings  
Closed all day Monday & Tuesday Except Bank Holidays

We use as much produce as possible from our kitchen garden

Don't Forget Our Traditional Sunday Roasts

Served 12-4pm  
\*Bookings advised\*

### WHILE YOU DECIDE

- Ciabatta breads with balsamic & olive oil for dipping (v)(ve) .....4.95
- Ciabatta bread with garlic butter (v) .....4.50
- Ciabatta bread with garlic butter and melted cheese (v).....4.95
- Marinated mixed olives (v)(ve).....3.50

### STARTERS & SMALL PLATES

- Chef's soup of the day with warm ciabatta bread and butter (gfa) .....6.00
- Portobello mushroom filled with melted brie, fig chutney and balsamic mixed leaves (v).....8.50
- Deviled whitebait with paprika mayo and wedges .....7.50
- Smoked pancetta bacon, Norfolk black pudding, walnuts and mozzarella salad .....8.95
- Panko breaded king prawns with sweet chilli Thai sauce .....8.95

### VEGAN & VEGETARIAN

- Beetroot, brie & apple compote tart in a cheese & chive pastry case with mixed leaf salad and baby potatoes (v) .....11.95
- Spinach, sweet potato, chickpea & coconut curry with basmati rice and garlic & coriander naan bread (v)(ve).....12.50
- Griddled halloumi cheese burger with rocket and chilli jam in a toasted brioche bun, served with fries (v) .....11.95
- Vegan stuffed portobello mushrooms with sundried tomatoes, walnuts, garlic and parsley, salad with lemon olive oil and potatoes (ve).....11.95

### MEAT / GRIDDLE

- Smoked pancetta bacon, Norfolk black pudding, walnuts and mozzarella salad, served with potatoes .....11.95
- The Cock Inn Burger - beef patty, mature cheese, tomato and lettuce, griddled brioche bun and fries .....11.95
- add bacon.....1.50
- add sauteed mushrooms .....1.50

### Locally sourced steaks

- 9oz Sirloin with portobello mushroom, side salad & thick cut chips .....18.50
- 9oz Rump with portobello mushroom, side salad & thick cut chips .....15.50
- add peppercorn sauce .....1.95
- add garlic butter.....1.00
- Pie of the week, served with creamy mash or chips, seasonal vegetables and a gravy boat.....13.95

### FISH

- Beer battered large cod fillet with mushy peas, thick cut chips.....14.50
- Mussels with chorizo & paprika sauce, skinny fries and a baguette .....11.95
- Smoked haddock, creamy mature cheese & mashed potato fishcakes with green beans, topped with a freerange fried egg .....10.95

### WHOLEMEAL BAGUETTES / CIABATTA SANDWICHES

with balsamic dressed salad garnish. Gluten free also available.

- Dingley Dell Suffolk Ham and English mustard baguette (gfa) .....8.50
- Mature cheese and fig chutney baguette (v) (gfa) .....8.50
- Buffalo mozzarella cheese, tomato and rocket ciabatta (v) (gfa) .....8.50
- Bacon, brie and cranberry baguette.....8.50
- Chicken & bacon club ciabatta with fries .....10.50

Also see sandwich of the day...

### SIDE DISHES

- Chunky chips (v) (gf) .....3.50
- Skinny Fries (v) (gf) .....3.50
- Creamy mash .....3.50
- Tomato and red onion salad (v) (gf) .....3.50
- Baby potatoes (v) (gf) .....3.00
- Large beer battered onion rings (v) .....4.00
- Mixed seasonal salad (v) (gf) .....4.00

Also see our seasonal specials and our dessert menu

Cheese Board  
Trio of cheeses, grapes and biscuits 8.50

### IMPORTANT - FOOD ALLERGENS

If you have any allergies or intolerances please discuss with a member of staff if you are unsure before ordering.

All our food is prepared in a kitchen where nuts-gluten and other allergies are present. Our menu descriptions do not include all ingredients-if you have a food allergy please let us know before ordering. Full allergen information is available please ask a member of staff. The allergen information is the best of our knowledge and will be updated regularly when menus change. Please ask to see the allergen guides at the time of your visit to check if there has been any changes that may affect you.

Menu and Menu items are subject to availability and change.

(v) indicates Vegetarian dish (ve) indicates Vegan dish (gf) indicates gluten free

(gfa) indicates gluten free adaptable subject to availability



**Pie & Pudding day**  
Available every Wednesday  
order a pie and get a free pudding\*

\* subject to availability