

The Cock Inn Polstead

Country Pub & Kitchen

The Cock Inn Polstead, The Green, Polstead, Suffolk CO6 5AL

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The Cock Inn Polstead

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Spring & Summer Menu

ALSO SEE OUR SEASONAL SPECIALS

Food Served: Tuesday-Saturday 12-2.30 | Sunday 12-3pm Lunchtimes | Tuesday-Saturday 5.30-8.30pm Evenings | Closed Sunday Night
Closed all day Monday Except Bank Holidays

WHILE YOU DECIDE?

Warm baked Ciabatta Breads with the following:

with Balsamic & olive oil for dipping (v).....	5
with Garlic butter.....	4
with Mozzarella cheese and garlic Butter (v).....	5
Marinated mixed olives.....	4

STARTERS & SMALL PLATES

Chef's soup of the moment (gfa).....	6
Calamari with garlic & lemon mayo.....	7
Ardennes Pâté with chorizo and caramelised onion chutney (gfa).....	7
Greek style feta and black olive salad (gf).....	6
Panko breaded king prawns with sweet chili sauce.....	7

FROM THE GRIDDLE

9oz Ribeye Steak with mushroom, chunky chips & salad (gf).....	18
add red wine jus.....	2
add garlic butter.....	1
add wedge of stilton.....	2
The Cock Inn burger with 8oz beef patty topped with pancetta, mozzarella cheese, lettuce & tomato in a brioche bun with fries.....	12
Grilled Halloumi burger with rocket and chii jam in a brioche bun with fries (v).....	11
Griddled half chicken with lemon, thyme and garlic, served with garlic butter, fries or new potatoes & salad (gf).....	13

MAIN COURSES

Jacob's ladder slow cooked short rib with a Korean BBQ glaze, coleslaw and chunky chips (gf).....	12
Steak & Adnams Broadside ale shortcrust pastry pie with seasonal vegetables, new potatoes or chips and a gravy boat.....	13
Line caught beer battered haddock with chips, mushy peas, a pickled wally and chef's tartare sauce.....	12
Tomato & wilted spinach risotto with garlic ciabatta, rocket & parmesan shavings.....	11 (v)
add chicken or prawns.....	2

SALADS, LIGHT BITES

Super food salad bowl (wheat berry, apple, cranberry, spring onion and apricots in a red wine vinegar dressing) (v).....	7
add chicken.....	2
Brie, red onion and thyme tart with mixed dressed leaves salad (v).....	8
Greenland prawns and seafood sauce salad (gf).....	10
Griddled chicken and pancetta salad with honey & mustard dressing (gf)....	11
Ploughman's lunch with mature cheese, Suffolk ham (gfa).....	11

Wholemeal baguettes served with salad garnish:

Dingley Dell Suffolk Ham and mustard (gfa).....	7.5
Greenland prawns and seafood sauce (gfa).....	7.5
Mature cheese and real ale chutney (v) (gfa).....	7.5
Roast beef and rocket (gfa).....	7.5
Also see baguette of the day... (gfa).....	7.5

SIDE DISHES

Chunky chips (v) (gf).....	3.5
Skinny Fries (v) (gf).....	3.5
Tomato and red onion salad (v) (gf).....	3.5
New potatoes (v) (gf).....	3
Large beer battered onion rings (v).....	4
Rocket & parmesan salad (v) (gf).....	4
Mixed seasonal salad (v) (gf).....	4

ALSO SEE OUR SEASONAL SPECIALS AND OUR DESSERT MENU

IMPORTANT - FOOD ALLERGENS

If you have any allergies or intolerances please discuss with a member of staff if you are unsure before ordering.

All our food is prepared in a kitchen where nuts-gluten and other allergies are present. Our menu descriptions do not include all ingredients-if you have a food allergy please let us know before ordering. Full allergen information is available please ask a member of staff. The allergen information is the best of our knowledge and will be updated regularly when menus change. Please ask to see the allergen guides at the time of your visit to check if there has been any changes that may affect you.

Menu and Menu items are subject to availability and change.

(v) indicates Vegetarian dish (gf) indicates gluten free

(gfa) indicates gluten free adaptable subject to availability

**DON'T FORGET OUR
TRADITIONAL SUNDAY ROASTS
SERVED 12-3pm**